E Lau Hoe
OHCRA
Women's Long Distance

SUN – SEPT 10, 2023

COURSE -

Kailua Beach Park to Sand Island

ENTRY FEE -

Early Registration - $550 (by 9/9 @ noon)
Late Registration - $650 (after 9/9 @ noon)

DIVISIONS -

- Open (10)
- Koa (10)
- Unlimited (10)
- Master 40+ (10)
- Master 50+ (12)
- Master 55+ (12)
- Master 60+ (12)
- Master 65+ (12)
- Jr's 15-18yo (12)

REGISTER ONLINE -

Kailua Beach Park to Sand Island

ESCORT BOAT DOCUMENT SUBMISSION -

https://forms.gle/yi1rJqk8onizbDia8

SCHEDULE:

Saturday 9/9/23
8:00 - 11:00
Kailua Beach Park
Race Packet, Crew Payment,
and spiff pick up.

Sunday 9/10/2023
745am Sharp!
Coaches Meeting

830am Race Begins

End of Race t Sand Island.
Lunch will be provided.
Medals presentation.

MĀLAMA `ĀINA - Crews are reminded to clean up after yourselves in all areas your occupy.
For more information email us at registration@ohcra.com